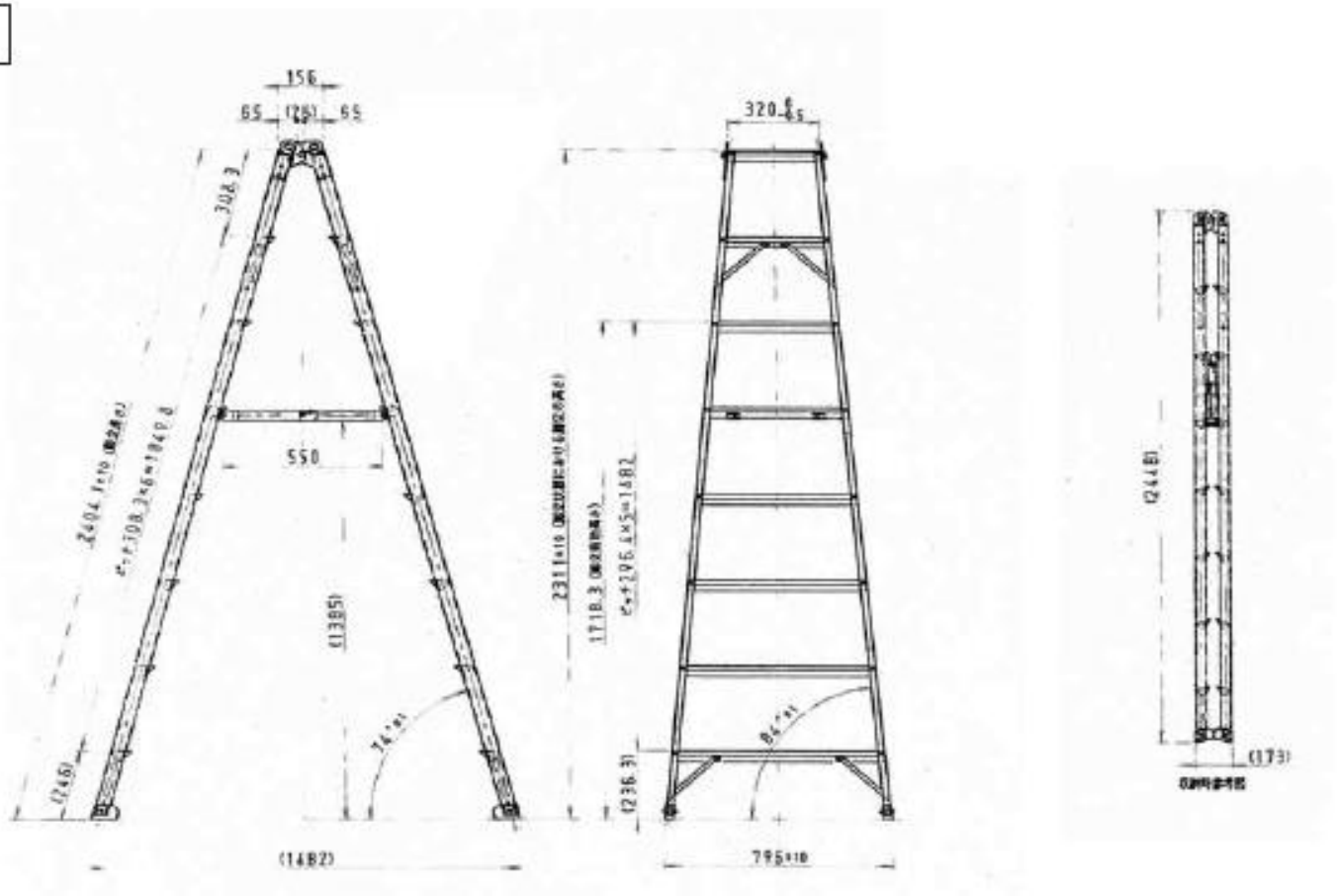8尺